

Meet - Results Sheet

Tynemouth Spring NER Qualifier – 22/03/2024– Session 1

EVENT 101 Mixed 09 Yrs/Over 800m Freestyle

OPEN/MALE 10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Austin Forster	10	Co Sund'land	10:32.94	343
	50m 34.88	100m 1:13.10	150m 1:52.70	200m 2:32.45	250m 3:12.98
	34.88	38.22	39.60	39.75	40.53
	450m 5:55.02	500m 6:35.17	550m 7:15.05	600m 7:55.31	650m 8:35.23
	40.30	40.15	39.88	40.26	39.92
2.	Joe Horner	10	Eston	11:35.77	258
	50m 38.93	100m 1:22.80	150m 2:07.96	200m 2:53.08	250m 3:36.22
	38.93	43.87	45.16	45.12	43.14
	450m 6:36.83	500m 7:20.74	550m 8:04.95	600m 8:48.01	650m 9:30.34
	45.16	43.91	44.21	43.06	42.33

OPEN/MALE 11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Mason Sainthouse	11	Tynemouth	10:03.01	397
	50m 34.21	100m 1:11.27	150m 1:49.23	200m 2:27.17	250m 3:05.62
	34.21	37.06	37.96	37.94	38.45
	450m 5:38.75	500m 6:16.92	550m 6:55.58	600m 7:33.87	650m 8:12.26
	38.16	38.17	38.66	38.29	38.39
2.	Gabriel Rennison-Rae	11	Tynemouth	10:25.88	355
	50m 34.51	100m 1:12.65	150m 1:52.29	200m 2:31.85	250m 3:12.14
	34.51	38.14	39.64	39.56	40.29
	450m 5:53.31	500m 6:34.01	550m 7:14.19	600m 7:52.77	650m 8:32.53
	39.95	40.70	40.18	38.58	39.76
3.	William Gallagher	11	Tynemouth	12:10.53	223
	50m 41.46	100m 1:27.13	150m 2:12.86	200m 2:59.13	250m 3:45.85
	41.46	45.67	45.73	46.27	46.72
	450m 6:52.91	500m 7:39.32	550m 8:26.10	600m 9:12.97	650m 9:59.04
	47.59	46.41	46.78	46.87	46.07

OPEN/MALE 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Tom Holt	12	Co Sund'land	9:55.85	412
	50m 32.60	100m 1:08.71	150m 1:46.12	200m 2:24.14	250m 3:02.29
	32.60	36.11	37.41	38.02	38.15
	450m 5:34.04	500m 6:12.41	550m 6:49.87	600m 7:28.05	650m 8:05.46
	37.51	38.37	37.46	38.18	37.41
2.	Finley McAuley	12	Durham City	9:59.31	405
	50m 31.87	100m 1:07.45	150m 1:44.65	200m 2:22.15	250m 3:00.15
	31.87	35.58	37.20	37.50	38.00
	450m 5:33.89	500m 6:13.09	550m 6:51.43	600m 7:29.84	650m 8:07.87
	38.77	39.20	38.34	38.41	38.03
3.	Austin McKenna	12	Middlesboro	10:08.14	387
	50m 33.08	100m 1:10.45	150m 1:49.51	200m 2:28.28	250m 3:07.05
	33.08	37.37	39.06	38.77	38.77
	450m 5:42.31	500m 6:21.08	550m 6:59.58	600m 7:38.22	650m 8:16.78
	38.69	38.77	38.50	38.64	38.56
4.	Theo Cadamy	12	Newcastle	10:16.21	372
	50m 34.99	100m 1:13.64	150m 1:52.16	200m 2:31.26	250m 3:10.88
	34.99	38.65	38.52	39.10	39.62
	450m 5:47.72	500m 6:27.11	550m 7:06.22	600m 7:44.60	650m 8:23.72
	39.51	39.39	39.11	38.38	39.12
5.	Thomas Northey	12	Tynemouth	10:21.34	363
	50m 34.27	100m 1:12.15	150m 1:51.46	200m 2:30.64	250m 3:10.16
	34.27	37.88	39.31	39.18	39.52
	450m 5:47.84	500m 6:27.22	550m 7:06.65	600m 7:45.71	650m 8:24.91
	39.23	39.38	39.43	39.06	39.20
6.	Finn Orr	12	Alnwick Dol	10:59.76	303
	50m 36.45	100m 1:16.41	150m 1:58.15	200m 2:39.59	250m 3:21.95
	36.45	39.96	41.74	41.44	42.36
	450m 6:09.13	500m 6:51.24	550m 7:33.65	600m 8:15.78	650m 8:57.41
	40.78	42.11	42.41	42.13	41.63

OPEN/MALE 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Nathan Harrison	13	Co Sund'land	9:26.54	479
	50m 31.12	100m 1:05.12	150m 1:40.16	200m 2:15.74	250m 2:51.61
	31.12	34.00	35.04	35.58	35.87
	450m 5:16.33	500m 5:52.23	550m 6:29.05	600m 7:05.54	650m 7:41.12
	35.73	35.90	36.82	36.49	35.58
2.	Miles Jarvis	13	Morpeth	10:04.20	395
	50m 33.05	100m 1:11.57	150m 1:50.33	200m 2:28.86	250m 3:07.42
	33.05	38.52	38.76	38.53	38.56
	450m 5:40.63	500m 6:18.38	550m 6:56.70	600m 7:35.18	650m 8:13.51
	38.06	37.75	38.32	38.48	38.33

OPEN/MALE 14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ralph Robson	18	Tynedale	8:57.37	561
	50m 29.46	100m 1:01.63	150m 1:34.32	200m 2:07.42	250m 2:41.22
	29.46	32.17	32.69	33.10	33.80
	450m 4:58.10	500m 5:33.09	550m 6:07.68	600m 6:42.49	650m 7:17.32
	34.03	34.99	34.59	34.81	34.83
2.	Ben Toward	14	South Tyne	9:10.75	521
	50m 29.97	100m 1:03.45	150m 1:37.37	200m 2:11.99	250m 2:46.96
	29.97	33.48	33.92	34.62	34.97
	450m 5:06.27	500m 5:42.27	550m 6:18.67	600m 6:54.89	650m 7:29.85
	34.24	36.00	36.40	36.22	34.96
3.	Ethan Rutter	15	Tynemouth	9:20.16	496
	50m 30.09	100m 1:03.82	150m 1:38.54	200m 2:13.30	250m 2:48.84
	30.09	33.73	34.72	34.76	35.54
	450m 5:11.97	500m 5:47.92	550m 6:23.83	600m 6:59.76	650m 7:35.48
	35.86	35.95	35.91	35.93	35.72

Meet - Results Sheet

Tynemouth Spring NER Qualifier – 22/03/2024– Session 1

4.	Oliver Brown	14	South Tyne	9:27.14	477				
	50m 30.14	100m 1:04.43	150m 1:39.23	200m 2:14.84	250m 2:51.18	300m 3:27.71	350m 4:03.45	400m 4:39.96	
	30.14	34.29	34.80	35.61	36.34	36.53	35.74	36.51	
	450m 5:15.94	500m 5:52.20	550m 6:28.69	600m 7:04.90	650m 7:41.22	700m 8:17.50	750m 8:53.25	800m 9:27.14	
	35.98	36.26	36.49	36.21	36.32	36.28	35.75	33.89	
5.	Guy Wilkinson	16	Stokesley	10:22.35	361				
	50m 32.54	100m 1:09.28	150m 1:48.19	200m 2:27.75	250m 3:07.96	300m 3:48.44	350m 4:28.88	400m 5:09.08	
	32.54	36.74	38.91	39.56	40.21	40.48	40.44	40.20	
	450m 5:49.32	500m 6:28.97	550m 7:08.96	600m 7:48.79	650m 8:28.03	700m 9:07.18	750m 9:45.96	800m 10:22.35	
	40.24	39.65	39.99	39.83	39.24	39.15	38.78	36.39	

FEMALE 10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Arabella Henderson	10	Morpeth	10:37.10	420				
	50m 36.32	100m 1:15.57	150m 1:55.24	200m 2:34.89	250m 3:14.89	300m 3:55.02	350m 4:35.27	400m 5:15.27	
	36.32	39.25	39.67	39.65	40.00	40.13	40.25	40.00	
	450m 5:55.64	500m 6:36.01	550m 7:16.43	600m 7:56.58	650m 8:36.96	700m 9:17.53	750m 9:57.90	800m 10:37.10	
	40.37	40.37	40.42	40.15	40.38	40.57	40.37	39.20	
2.	Blossom Dunning	10	Middlesboro	11:58.35	293				
	50m 39.94	100m 1:24.11	150m 2:09.87	200m 2:55.69	250m 3:41.50	300m 4:27.95	350m 5:13.77	400m 6:00.07	
	39.94	44.17	45.76	45.82	45.81	46.45	45.82	46.30	
	450m 6:46.34	500m 7:32.52	550m 8:18.66	600m 9:04.29	650m 9:49.57	700m 10:34.68	750m 11:19.44	800m 11:58.35	
	46.27	46.18	46.14	45.63	45.28	45.11	44.76	38.91	
3.	Amia Stonehouse	10	Co Sund'land	12:00.45	290				
	50m 39.69	100m 1:23.83	150m 2:09.45	200m 2:54.94	250m 3:40.73	300m 4:26.83	350m 5:12.70	400m 5:59.31	
	39.69	44.14	45.62	45.49	45.79	46.10	45.87	46.61	
	450m 6:45.54	500m 7:31.92	550m 8:17.74	600m 9:03.43	650m 9:49.37	700m 10:34.26	750m 11:18.15	800m 12:00.45	
	46.23	46.38	45.82	45.69	45.94	44.89	43.89	42.30	
4.	Molly Bowe	10	Co Sund'land	12:03.72	287				
	50m 39.00	100m 1:23.69	150m 2:09.20	200m 2:54.34	250m 3:40.14	300m 4:25.77	350m 5:12.33	400m 5:58.11	
	39.00	44.69	45.51	45.14	45.80	45.63	46.56	45.78	
	450m 6:45.17	500m 7:31.19	550m 8:17.05	600m 9:03.45	650m 9:48.68	700m 10:34.22	750m 11:20.15	800m 12:03.72	
	47.06	46.02	45.86	46.40	45.23	45.54	45.93	43.57	

FEMALE 11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Lily Eddon	11	Co Sund'land	10:15.21	467				
	50m 34.04	100m 1:11.80	150m 1:50.44	200m 2:28.82	250m 3:07.58	300m 3:46.38	350m 4:25.37	400m 5:04.31	
	34.04	37.76	38.64	38.38	38.76	38.80	38.99	38.94	
	450m 5:43.35	500m 6:22.65	550m 7:01.91	600m 7:40.93	650m 8:19.97	700m 8:59.13	750m 9:38.10	800m 10:15.21	
	39.04	39.30	39.26	39.02	39.04	39.16	38.97	37.11	
2.	Jessica Chaytor	11	Middlesboro	10:50.16	395				
	50m 35.10	100m 1:15.04	150m 1:55.95	200m 2:37.46	250m 3:19.06	300m 4:00.30	350m 4:42.74	400m 5:24.62	
	35.10	39.94	40.91	41.51	41.60	41.24	42.44	41.88	
	450m 6:05.21	500m 6:46.25	550m 7:27.38	600m 8:08.60	650m 8:49.91	700m 9:31.41	750m 10:11.05	800m 10:50.16	
	40.59	41.04	41.13	41.22	41.31	41.50	39.64	39.11	
3.	Hannah Fraser	11	Tynemouth	11:40.10	317				
	50m 38.55	100m 1:21.89	150m 2:06.03	200m 2:50.27	250m 3:34.27	300m 4:18.62	350m 5:03.39	400m 5:47.92	
	38.55	43.34	44.14	44.24	44.00	44.35	44.77	44.53	
	450m 6:32.74	500m 7:18.06	550m 8:02.06	600m 8:47.11	650m 9:30.37	700m 10:14.44	750m 10:58.09	800m 11:40.10	
	44.82	45.32	44.00	45.05	43.26	44.07	43.65	42.01	
4.	Molly Sexton	11	Tynemouth	11:53.36	299				
	50m 39.32	100m 1:23.39	150m 2:08.40	200m 2:53.74	250m 3:38.47	300m 4:24.21	350m 5:09.88	400m 5:55.49	
	39.32	44.07	45.01	45.34	44.73	45.74	45.67	45.61	
	450m 6:41.27	500m 7:27.55	550m 8:13.47	600m 8:59.13	650m 9:44.32	700m 10:28.85	750m 11:11.69	800m 11:53.36	
	45.78	46.28	45.92	45.66	45.19	44.53	42.84	41.67	
5.	Sophie Harrison	11	Tynemouth	12:05.38	285				
	50m 40.52	100m 1:24.80	150m 2:10.24	200m 2:55.92	250m 3:41.95	300m 4:28.46	350m 5:15.40	400m 6:00.54	
	40.52	44.28	45.44	45.68	46.03	46.51	46.94	45.14	
	450m 6:46.34	500m 7:32.23	550m 8:18.15	600m 9:04.58	650m 9:50.91	700m 10:37.45	750m 11:23.22	800m 12:05.38	
	45.80	45.89	45.92	46.43	46.33	46.54	45.77	42.16	

FEMALE 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Emily Forster	12	Co Sund'land	9:34.10	575				
	50m 31.42	100m 1:06.87	150m 1:43.60	200m 2:19.83	250m 2:56.40	300m 3:32.88	350m 4:08.99	400m 4:45.51	
	31.42	35.45	36.73	36.23	36.57	36.48	36.11	36.52	
	450m 5:21.73	500m 5:58.37	550m 6:35.09	600m 7:11.45	650m 7:48.03	700m 8:24.61	750m 9:00.15	800m 9:34.10	
	36.22	36.64	36.72	36.36	36.58	36.58	35.54	33.95	
2.	Sophia Duffy	12	South Tyne	10:10.29	478				
	50m 34.15	100m 1:11.75	150m 1:50.42	200m 2:28.94	250m 3:07.51	300m 3:46.50	350m 4:25.29	400m 5:04.28	
	34.15	37.60	38.67	38.52	38.57	38.99	38.79	38.99	
	450m 5:42.55	500m 6:21.15	550m 7:00.24	600m 7:38.86	650m 8:17.85	700m 8:56.40	750m 9:34.79	800m 10:10.29	
	38.27	38.60	39.09	38.62	38.99	38.55	38.39	35.50	
3.	Gracie-Mae Blake	12	Middlesboro	10:25.41	444				
	50m 32.80	100m 1:10.58	150m 1:49.85	200m 2:28.87	250m 3:07.62	300m 3:46.95	350m 4:26.24	400m 5:05.88	
	32.80	37.78	39.27	39.02	38.75	39.33	39.29	39.64	
	450m 5:45.36	500m 6:25.07	550m 7:05.99	600m 7:46.00	650m 8:26.67	700m 9:06.29	750m 9:46.27	800m 10:25.41	
	39.48	39.71	40.92	40.01	40.67	39.62	39.98	39.14	
4.	Olivia Dann	12	Tynemouth	10:44.96	405				
	50m 35.19	100m 1:15.66	150m 1:55.96	200m 2:36.79	250m 3:17.23	300m 3:58.11	350m 4:38.97	400m 5:19.24	
	35.19	40.47	40.30	40.83	40.44	40.88	40.86	40.27	
	450m 6:00.36	500m 6:41.86	550m 7:23.15	600m 8:04.06	650m 8:44.76	700m 9:26.16	750m 10:06.95	800m 10:44.96	
	41.12	41.50	41.29	40.91	40.70	41.40	40.79	38.01	
5.	Macey Bowe	12	Co Sund'land	10:53.50	389				
	50m 35.13	100m 1:15.87	150m 1:57.01	200m 2:37.58	250m 3:18.85	300m 4:00.64	350m 4:42.35	400m 5:24.07	
	35.13	40.74	41.14	40.57	41.27	41.79	41.72	41.72	
	450m 6:05.74	500m 6:47.03	550m 7:28.74	600m 8:10.33	650m 8:52.20	700m 9:33.24	750m 10:14.12	800m 10:53.50	
	41.67	41.29	41.71	41.59	41.87	41.04	40.88	39.38	
6.	Emily Farnsworth	12	Tynemouth	11:10.29	361				
	50m 37.61	100m 1:17.93	150m 2:00.19	200m 2:41.82	250m 3:24.52	300m 4:07.55	350m 4:49.79	400m 5:32.79	
	37.61	40.32	42.26	41.63	42.70	43.03	42.24	43.00	
	450m 6:15.43	500m 6:58.41	550m 7:40.61	600m 8:22.84	650m 9:05.27	700m 9:46.88	750m 10:27.52	800m 11:10.29	
	42.64	42.98	42.20	42.23	42.43	41.61	40.64	42.77	

Meet - Results Sheet

Tynemouth Spring NER Qualifier – 22/03/2024– Session 1

FEMALE 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Ava Joyce	13	South Tyne	10:00.93	501
	50m 32.80	100m 1:09.36	150m 1:47.21	200m 2:25.52	250m 3:04.06
	32.80	36.56	37.85	38.31	38.54
	450m 5:37.13	500m 6:15.25	550m 6:53.29	600m 7:31.84	650m 8:10.15
	38.78	38.12	38.04	38.55	38.31
2.	Alice Macnab	13	Co Sund'land	10:08.98	481
	50m 34.39	100m 1:12.62	150m 1:51.41	200m 2:29.06	250m 3:07.93
	34.39	38.23	38.79	37.65	38.87
	450m 5:42.06	500m 6:20.55	550m 6:59.33	600m 7:38.28	650m 8:17.30
	38.43	38.49	38.78	38.95	39.02
3.	Molly Melia	13	Co Sund'land	10:23.81	448
	50m 33.57	100m 1:10.40	150m 1:48.74	200m 2:27.01	250m 3:06.27
	33.57	36.83	38.34	38.27	39.26
	450m 5:44.33	500m 6:24.71	550m 7:04.96	600m 7:45.80	650m 8:25.71
	39.60	40.38	40.25	40.84	39.91
4.	Amy Kerrigan	13	Co Sund'land	10:37.68	419
	50m 34.96	100m 1:13.46	150m 1:52.81	200m 2:33.06	250m 3:13.00
	34.96	38.50	39.35	40.25	39.94
	450m 5:54.83	500m 6:35.84	550m 7:17.22	600m 7:57.62	650m 8:38.27
	40.22	41.01	41.38	40.40	40.65

FEMALE 14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Isobel Munnoch	16	Morpeth	9:41.16	554
	50m 32.15	100m 1:07.70	150m 1:44.31	200m 2:20.80	250m 2:57.64
	32.15	35.55	36.61	36.49	36.84
	450m 5:25.00	500m 6:01.71	550m 6:38.67	600m 7:15.60	650m 7:52.68
	36.50	36.71	36.96	36.93	37.08
2.	Isabella Oldfield	15	Alnwick Dol	10:14.63	468
	50m 33.75	100m 1:11.83	150m 1:50.67	200m 2:29.32	250m 3:08.45
	33.75	38.08	38.84	38.65	39.13
	450m 5:44.87	500m 6:24.08	550m 7:03.40	600m 7:42.45	650m 8:21.08
	38.81	39.21	39.32	39.05	38.63
3.	Olivia Northey	14	Tynemouth	10:18.05	460
	50m 34.63	100m 1:12.23	150m 1:50.18	200m 2:28.04	250m 3:06.02
	34.63	37.60	37.95	37.86	37.98
	450m 5:42.69	500m 6:22.26	550m 7:02.07	600m 7:41.93	650m 8:21.86
	39.75	39.57	39.81	39.86	39.93
4.	Poppy McCheyne	16	Newcastle	10:18.61	459
	50m 33.57	100m 1:10.33	150m 1:48.77	200m 2:27.12	250m 3:05.66
	33.57	36.76	38.44	38.35	38.54
	450m 5:42.41	500m 6:22.36	550m 7:02.43	600m 7:42.01	650m 8:21.90
	39.58	39.95	40.07	39.58	39.89
5.	Emma Carter	16	Darlington	10:28.38	438
	50m 32.75	100m 1:10.05	150m 1:48.66	200m 2:28.52	250m 3:09.13
	32.75	37.30	38.61	39.86	40.61
	450m 5:50.82	500m 6:32.51	550m 7:11.91	600m 7:51.73	650m 8:31.95
	40.44	41.69	39.40	39.82	40.22

Tynemouth Spring NER Qualifier – 22/03/2024– Session 1

OPEN/MALE 10 Yrs Age Group - Full Results

OPEN/MALE 11 Yrs Age Group - Full Results

OPEN/MALE 12 Yrs Age Group - Full Results

OPEN/MALE 13 Yrs Age Group - Full Results

OPEN/MALE 14 Yrs/Over Age Group - Full Results

Page 4 of 5

Tynemouth Spring NER Qualifier – 22/03/2024– Session 1

Place	Name	AaD	Club	Time	WA Pts
1.	Beatrice Harrison	10	Tynemouth	21:05.51	369
	50m 36.16	100m 1:16.46	150m 1:57.89	200m 2:39.74	250m 3:22.15
	36.16	40.30	41.43	41.85	42.41
	450m 6:12.02	500m 6:55.00	550m 7:37.66	600m 8:20.63	650m 9:04.19
	42.47	42.98	42.66	42.97	43.56
	850m 11:55.55	900m 12:37.75	950m 13:20.76	1000m 14:03.46	1050m 14:45.74
	43.15	42.20	43.01	42.70	42.28
	1250m 17:35.86	1300m 18:18.10	1350m 19:00.44	1400m 19:42.86	1450m 20:25.55
	42.51	42.24	42.34	42.42	42.69
					39.96
					300m 4:04.17
					42.02
					42.72
					700m 9:46.97
					42.78
					42.47
					1100m 15:27.81
					42.07
					1150m 16:10.46
					42.65
					1200m 16:53.35
					42.89

Place	Name	AaD	Club	Time	WA Pts			
1.	Annie Falkous	11	Morpeth	19:52.61	441			
	50m 34.90	100m 1:13.73	150m 1:53.38	200m 2:33.24	250m 3:13.09	300m 3:53.28	350m 4:33.36	400m 5:13.48
	34.90	38.83	39.65	39.86	39.85	40.19	40.08	40.12
	450m 5:53.64	500m 6:33.67	550m 7:13.83	600m 7:54.03	650m 8:34.10	700m 9:14.45	750m 9:54.32	800m 10:34.30
	40.16	40.03	40.16	40.20	40.07	40.35	39.87	39.98
	850m 11:14.85	900m 11:55.17	950m 12:35.26	1000m 13:15.87	1050m 13:56.54	1100m 14:36.07	1150m 15:16.38	1200m 15:56.63
	40.55	40.32	40.09	40.61	40.67	39.53	40.31	40.25
	1250m 16:36.68	1300m 17:16.78	1350m 17:56.35	1400m 18:36.08	1450m 19:14.85	1500m 19:52.61		
	40.05	40.10	39.57	39.73	38.77	37.76		
2.	Chloe Jobson	11	South Tyne	20:13.45	419			
	50m 35.17	100m 1:14.76	150m 1:54.14	200m 2:33.67	250m 3:14.14	300m 3:54.41	350m 4:34.73	400m 5:15.70
	35.17	39.59	39.38	39.53	40.47	40.27	40.32	40.97
	450m 5:57.09	500m 6:38.55	550m 7:20.15	600m 8:01.25	650m 8:42.32	700m 9:23.04	750m 10:04.25	800m 10:45.20
	41.39	41.46	41.60	41.10	41.07	40.72	41.21	40.95
	850m 11:25.30	900m 12:06.33	950m 12:47.36	1000m 13:28.87	1050m 14:10.46	1100m 14:52.39	1150m 15:32.93	1200m 16:14.38
	40.10	41.03	41.03	41.51	41.59	41.93	40.54	41.45
	1250m 16:55.28	1300m 17:35.89	1350m 18:16.48	1400m 18:57.57	1450m 19:37.77	1500m 20:13.45		
	40.90	40.61	40.59	41.09	40.20	35.68		
3.	Anja Schrocksnadel	11	Tynemouth	21:06.89	368			
	50m 36.21	100m 1:16.27	150m 1:57.28	200m 2:38.79	250m 3:21.10	300m 4:03.44	350m 4:45.40	400m 5:28.49
	36.21	40.06	41.01	41.51	42.31	42.34	41.96	43.09
	450m 6:11.63	500m 6:55.14	550m 7:37.52	600m 8:20.63	650m 9:04.12	700m 9:47.34	750m 10:29.70	800m 11:12.93
	43.14	43.51	42.38	43.11	43.49	43.22	42.36	43.23
	850m 11:55.37	900m 12:39.01	950m 13:21.75	1000m 14:04.52	1050m 14:48.15	1100m 15:29.77	1150m 16:12.28	1200m 16:55.26
	42.44	43.64	42.74	42.77	43.63	41.62	42.51	42.98
	1250m 17:37.56	1300m 18:19.96	1350m 19:02.18	1400m 19:44.65	1450m 20:26.72	1500m 21:06.89		
	42.30	42.40	42.22	42.47	42.07	40.17		
4.	Betsy Blaney	11	Tynemouth	22:15.80	314			
	50m 39.56	100m 1:22.57	150m 2:05.03	200m 2:48.31	250m 3:31.95	300m 4:15.73	350m 4:59.19	400m 5:43.03
	39.56	43.01	42.46	43.28	43.64	43.78	43.46	43.84
	450m 6:27.32	500m 7:11.38	550m 7:55.41	600m 8:40.00	650m 9:23.33	700m 10:06.91	750m 10:51.29	800m 11:35.87
	44.29	44.06	44.03	44.59	43.33	43.58	44.38	44.58
	850m 12:20.89	900m 13:06.29	950m 13:52.85	1000m 14:40.18	1050m 15:26.86	1100m 16:13.57	1150m 17:00.64	1200m 17:47.10
	45.02	45.40	46.56	47.33	46.68	46.71	47.07	46.46
	1250m 18:33.96	1300m 19:20.19	1350m 20:05.75	1400m 20:50.49	1450m 21:33.67	1500m 22:15.80		
	46.86	46.23	45.56	44.74	43.18	42.13		

Place	Name	AaD	Club	Time	WA Pts			
1.	Emilia Stobbart	13	Tynedale	21:34.95	345			
	50m 37.73	100m 1:19.82	150m 2:02.76	200m 2:45.87	250m 3:29.09	300m 4:12.48	350m 4:55.86	400m 5:38.89
	37.73	42.09	42.94	43.11	43.22	43.39	43.38	43.03
	450m 6:21.96	500m 7:05.42	550m 7:48.89	600m 8:32.66	650m 9:15.79	700m 9:59.24	750m 10:42.59	800m 11:26.21
	43.07	43.46	43.47	43.77	43.13	43.45	43.35	43.62
	850m 12:10.07	900m 12:54.12	950m 13:37.72	1000m 14:21.71	1050m 15:06.15	1100m 15:50.44	1150m 16:34.44	1200m 17:17.84
	43.86	44.05	43.60	43.99	44.44	44.29	44.00	43.40
	1250m 18:01.92	1300m 18:44.78	1350m 19:27.90	1400m 20:11.56	1450m 20:53.97	1500m 21:34.95		
	44.08	42.86	43.12	43.66	42.41	40.98		

Place	Name	AaD	Club	Time	WA Pts			
1.	Matilda Smith	14	Co Sund'land	17:58.00	598			
	50m 32.17	100m 1:06.99	150m 1:42.25	200m 2:17.82	250m 2:53.66	300m 3:29.32	350m 4:05.31	400m 4:41.21
	32.17	34.82	35.26	35.57	35.84	35.66	35.99	35.90
	450m 5:17.14	500m 5:53.33	550m 6:29.29	600m 7:05.48	650m 7:41.75	700m 8:17.68	750m 8:54.05	800m 9:30.29
	35.93	36.19	35.96	36.19	36.27	35.93	36.24	36.24
	850m 10:06.69	900m 10:43.08	950m 11:19.44	1000m 11:55.88	1050m 12:32.29	1100m 13:08.88	1150m 13:45.57	1200m 14:22.22
	36.40	36.39	36.36	36.44	36.41	36.59	36.69	36.65
	1250m 14:58.75	1300m 15:35.27	1350m 16:11.91	1400m 16:48.21	1450m 17:23.89	1500m 17:58.00		
	36.53	36.52	36.64	36.30	35.68	34.11		
2.	Jessica Jobson	14	South Tyne	18:38.75	535			
	50m 32.66	100m 1:08.98	150m 1:45.96	200m 2:23.37	250m 3:01.07	300m 3:38.54	350m 4:15.84	400m 4:53.37
	32.66	36.32	36.98	37.41	37.70	37.47	37.30	37.53
	450m 5:30.74	500m 6:08.18	550m 6:45.47	600m 7:22.78	650m 8:00.37	700m 8:37.89	750m 9:15.45	800m 9:53.25
	37.37	37.44	37.29	37.31	37.59	37.52	37.56	37.80
	850m 10:30.84	900m 11:08.28	950m 11:45.76	1000m 12:23.34	1050m 13:01.27	1100m 13:39.31	1150m 14:17.22	1200m 14:55.30
	37.59	37.44	37.48	37.58	37.93	38.04	37.91	38.08
	1250m 15:33.27	1300m 16:10.77	1350m 16:47.99	1400m 17:25.63	1450m 18:03.28	1500m 18:38.75		
	37.97	37.50	37.22	37.64	37.65	35.47		
3.	Tabitha Robson	16	Tynedale	18:58.73	507			
	50m 34.20	100m 1:10.17	150m 1:46.91	200m 2:24.04	250m 3:01.16	300m 3:38.46	350m 4:15.97	400m 4:53.36
	34.20	35.97	36.74	37.13	37.12	37.30	37.51	37.39
	450m 5:30.85	500m 6:08.58	550m 6:46.41	600m 7:24.27	650m 8:02.45	700m 8:40.93	750m 9:19.51	800m 9:57.87
	37.49	37.73	37.83	37.86	38.18	38.48	38.58	38.36
	850m 10:36.21	900m 11:14.72	950m 11:53.38	1000m 12:32.49	1050m 13:11.49	1100m 13:50.92	1150m 14:30.12	1200m 15:08.97
	38.34	38.51	38.66	39.11	39.00	39.43	39.20	38.85
	1250m 15:47.74	1300m 16:26.83	1350m 17:05.54	1400m 17:44.20	1450m 18:22.51	1500m 18:58.73		
	38.77	39.09	38.71	38.66	38.31	36.22		