

Results - Session One

BOYS 10 Yrs Age Group - Full Results

BOYS 11 Yrs Age Group - Full Results

2.	Thomas Hale	11	Tynemouth
	50m 38.70	100m 1:22.23	150m 2:07.14

4. Oscar North 11 Tynemouth

5.	Sebastian French	11	Tynemouth
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6.	William Amor	11	South Tyne
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William Gallagher 11 Tynemouth

2.	Hari Diddie	12	Tynemouth
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3. Adrian Reay 12 Newcastle

4. William Proud 12 Middlesboro

5.	Claude Davies	12	Newcastle
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BOYS 13 Yrs Age Group - Full Results

BOYS 13 Yrs Age Group - Full Results

2.	Will Sproats	50	100	13	Tynemouth	150
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BOYS 14 Yrs/Over Age Group - Full Results

BOYS 14 Yrs/Over Age Group - Full Results

2.	Oliver Brown	14	South Tyne
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Tynemouth Autumn Gala 2023

Results - Session One

450m 5:19.07	500m 5:55.42	550m 6:31.96	600m 7:08.45	650m 7:45.01	700m 8:21.21	750m 8:57.05	800m 9:29.92
36.99	36.35	36.54	36.49	36.56	36.20	35.84	32.87
3. Joshua Young	15 Middlesboro		9:34.68	459			
50m 32.04	100m 1:07.06	150m 1:42.60	200m 2:18.65	250m 2:54.98	300m 3:31.53	350m 4:08.18	400m 4:44.46
32.04	35.02	35.54	36.05	36.33	36.55	36.65	36.28
450m 5:20.90	500m 5:57.36	550m 6:33.97	600m 7:11.15	650m 7:47.64	700m 8:23.89	750m 8:59.95	800m 9:34.68
36.44	36.46	36.61	37.18	36.49	36.25	36.06	34.73
4. Thomas Connell	16 Tynemouth		9:44.20	437			
50m 32.04	100m 1:07.05	150m 1:43.17	200m 2:20.77	250m 2:58.21	300m 3:35.15	350m 4:12.68	400m 4:49.44
32.04	35.01	36.12	37.60	37.44	36.94	37.53	36.76
450m 5:26.47	500m 6:03.88	550m 6:41.61	600m 7:19.19	650m 7:56.26	700m 8:33.03	750m 9:09.65	800m 9:44.20
37.03	37.41	37.73	37.58	37.07	36.77	36.62	34.55
5. Kajetan Guzikiewicz	14 Tynemouth		9:48.30	428			
50m 31.77	100m 1:07.92	150m 1:44.88	200m 2:22.13	250m 2:59.54	300m 3:37.37	350m 4:15.19	400m 4:52.52
31.77	36.15	36.96	37.25	37.41	37.83	37.82	37.33
450m 5:29.73	500m 6:07.32	550m 6:44.63	600m 7:21.79	650m 7:58.80	700m 8:35.86	750m 9:12.78	800m 9:48.30
37.21	37.59	37.31	37.16	37.01	37.06	36.92	35.52
6. Lewis McDermott	14 Middlesboro		10:03.78	396			
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -
-	-	-	-	-	-	-	-
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:03.78
-	-	-	-	-	-	-	10:03.78

Ethan Rutter 14 Tynemouth DNC

GIRLS 10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Beatrice Harrison	10	Tynemouth	11:27.02	339
	50m 38.52	100m 1:21.06	150m 2:04.52	200m 2:48.32	250m 3:32.40
	38.52	42.54	43.46	43.80	44.08
	450m 6:27.64	500m 7:11.46	550m 7:54.98	600m 8:38.62	650m 9:21.27
	43.43	43.82	43.52	43.64	42.65
2.	Betsy Blaney	10	Tynemouth	11:29.48	336
	50m 39.47	100m 1:22.80	150m 2:07.16	200m 2:51.54	250m 3:35.20
	39.47	43.33	44.36	44.38	43.66
	450m 6:30.63	500m 7:14.76	550m 7:58.13	600m 8:42.30	650m 9:25.54
	43.70	44.13	43.37	44.17	43.24
3.	Iris Moir	10	Tynemouth	12:45.98	245
	50m 41.68	100m 1:29.06	150m 2:18.57	200m 3:08.29	250m 3:56.50
	41.68	47.38	49.51	49.72	48.21
	450m 7:12.37	500m 8:00.09	550m 8:48.78	600m 9:37.10	650m 10:25.43
	48.54	47.72	48.69	48.32	48.33

GIRLS 11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Caitlyn McLean	11	Wear Valley	11:02.12	379
	50m 35.90	100m 1:16.87	150m 1:59.00	200m 2:41.41	250m 3:25.10
	35.90	40.97	42.13	42.41	43.69
	450m 6:14.77	500m 6:56.88	550m 7:38.28	600m 8:20.49	650m 9:02.19
	41.85	42.11	41.40	42.21	41.70
2.	Anja Schrocksnadel	11	Tynemouth	11:06.17	372
	50m 38.05	100m 1:19.18	150m 2:01.69	200m 2:44.09	250m 3:26.31
	38.05	41.13	42.51	42.40	42.22
	450m 6:15.28	500m 6:58.16	550m 7:40.23	600m 8:21.53	650m 9:03.42
	42.59	42.88	42.07	41.30	41.89
3.	Emily Whitby	11	RichmondDale	11:12.87	361
	50m 37.47	100m 1:18.51	150m 2:00.95	200m 2:43.67	250m 3:26.71
	37.47	41.04	42.44	42.72	43.04
	450m 6:17.15	500m 6:59.52	550m 7:40.92	600m 8:24.52	650m 9:06.93
	42.58	42.37	41.40	43.60	42.41
4.	Millie Torre	11	Tynemouth	11:26.02	341
	50m 38.53	100m 1:22.56	150m 2:06.43	200m 2:50.06	250m 3:34.41
	38.53	44.03	43.87	43.63	44.35
	450m 6:29.68	500m 7:14.01	550m 7:56.86	600m 8:40.48	650m 9:23.45
	43.35	44.33	42.85	43.62	42.97
5.	Poppy Ayre	11	Middlesboro	12:00.79	294
	50m 39.88	100m 1:24.08	150m 2:09.39	200m 2:54.77	250m 3:40.58
	39.88	44.20	45.31	45.38	45.73
	450m 6:44.98	500m 7:30.84	550m 8:16.66	600m 9:02.16	650m 9:48.26
	46.39	45.86	45.82	45.50	46.10
6.	Hannah Fraser	11	Tynemouth	12:22.56	268
	50m 41.06	100m 1:26.45	150m 2:13.59	200m 3:00.84	250m 3:48.67
	41.06	45.39	47.14	47.25	47.83
	450m 7:00.53	500m 7:48.29	550m 8:35.40	600m 9:21.62	650m 10:08.92
	47.72	47.76	47.11	46.22	47.30
7.	Amelia Thorpe	11	Tynemouth	12:57.66	234
	50m 41.49	100m 1:29.23	150m 2:18.59	200m 3:07.37	250m 3:56.07
	41.49	47.74	49.36	48.78	48.70
	450m 7:14.70	500m 8:04.61	550m 8:54.38	600m 9:46.14	650m 10:36.10
	49.83	49.91	49.77	51.76	49.96

GIRLS 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts
1.	Alba Kneller	12	RichmondDale	9:56.70	518
	50m 32.77	100m 1:09.11	150m 1:46.60	200m 2:24.77	250m 3:02.71
	32.77	36.34	37.49	38.17	37.94
	450m 5:34.91	500m 6:13.38	550m 6:51.11	600m 7:29.38	650m 8:07.52
	37.86	38.47	37.73	38.27	38.14
2.	Emily Farnsworth	12	Tynemouth	11:31.58	332
	50m 38.37	100m 1:20.86	150m 2:03.67	200m 2:46.63	250m 3:30.07
	38.37	42.49	42.81	42.96	43.44
	450m 6:26.91	500m 7:11.42	550m 7:56.03	600m 8:40.73	650m 9:25.90
	44.82	44.51	44.61	44.70	45.17
3.	Emma Owen	12	Alnwick Dol	11:50.50	307
	50m 38.38	100m 1:21.32	150m 2:06.54	200m 2:51.28	250m 3:36.42
	38.38	42.94	45.22	44.74	45.14
	450m 6:39.20	500m 7:23.56	550m 8:08.37	600m 8:53.31	650m 9:38.51
	45.89	44.36	44.81	44.94	45.20

Tynemouth Autumn Gala 2023

Results - Session One

4.	Isabelle Watson	12	Tynemouth	11:55.91	300					
	50m 38.37	100m 1:21.25	150m 2:06.72	200m 2:51.12	250m 3:35.77	300m 4:21.27	350m 5:07.26	400m 5:52.84		
	38.37	42.88	45.47	44.40	44.65	45.50	45.99	45.58		
	450m 6:39.25	500m 7:26.08	550m 8:14.21	600m 8:59.70	650m 9:45.75	700m 10:31.38	750m 11:15.62	800m 11:55.91		
	46.41	46.83	48.13	45.49	46.05	45.63	44.24	40.29		
5.	Mary-Anne Owen	12	Alnwick Dol	12:00.72	294					
	50m 37.21	100m 1:21.70	150m 2:08.21	200m 2:53.47	250m 3:39.12	300m 4:24.88	350m 5:11.69	400m 5:57.68		
	37.21	44.49	46.51	45.26	45.65	45.76	46.81	45.99		
	450m 6:44.33	500m 7:29.56	550m 8:15.95	600m 9:02.40	650m 9:48.59	700m 10:35.26	750m 11:20.50	800m 12:00.72		
	46.65	45.23	46.39	46.45	46.19	46.67	45.24	40.22		
6.	Erin Boardman	12	Tynemouth	12:33.28	257					
	50m 41.56	100m 1:28.27	150m 2:15.68	200m 3:03.07	250m 3:50.53	300m 4:38.54	350m 5:26.63	400m 6:14.30		
	41.56	46.71	47.41	47.39	47.46	48.01	48.09	47.67		
	450m 7:02.45	500m 7:50.49	550m 8:38.08	600m 9:26.65	650m 10:12.94	700m 11:00.93	750m 11:47.58	800m 12:33.28		
	48.15	48.04	47.59	48.57	46.29	47.99	46.65	45.70		
7.	Darcie-Grace Hartley	12	Middlesboro	12:54.08	237					
	50m 37.01	100m 1:22.50	150m 2:10.81	200m 2:59.11	250m 3:47.06	300m 4:36.24	350m 5:26.43	400m 6:16.55		
	37.01	45.49	48.31	48.30	47.95	49.18	50.19	50.12		
	450m 7:07.23	500m 7:58.82	550m 8:50.25	600m 9:40.58	650m 10:31.61	700m 11:22.38	750m 12:09.63	800m 12:54.08		
	50.68	51.59	51.43	50.33	51.03	50.77	47.25	44.45		
	Lois Murray	12	Newcastle	DNC						

GIRLS 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts					
1.	Charlotte Soulsby	13	Newcastle	10:35.71	428					
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -		
	-	-	-	-	-	-	-	-		
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:35.71		
	-	-	-	-	-	-	-	10:35.71		
2.	Johanna Morton	13	Middlesboro	10:46.53	407					
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -		
	-	-	-	-	-	-	-	-		
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:46.53		
	-	-	-	-	-	-	-	10:46.53		
3.	Kitty Graham	13	Wear Valley	11:18.00	353					
	50m 36.89	100m 1:18.34	150m 2:01.30	200m 2:44.52	250m 3:27.59	300m 4:10.46	350m 4:53.68	400m 5:36.39		
	36.89	41.45	42.96	43.22	43.07	42.87	43.22	42.71		
	450m 6:19.43	500m 7:02.75	550m 7:45.80	600m 8:29.00	650m 9:11.74	700m 9:54.47	750m 10:37.19	800m 11:18.00		
	43.04	43.32	43.05	43.20	42.74	42.73	42.72	40.81		
4.	Olivia Hall	13	RichmondDale	12:02.81	291					
	50m 39.30	100m 1:23.06	150m 2:07.91	200m 2:53.36	250m 3:39.34	300m 4:25.20	350m 5:11.38	400m 5:57.59		
	39.30	43.76	44.85	45.45	45.98	45.86	46.18	46.21		
	450m 6:43.84	500m 7:30.46	550m 8:16.25	600m 9:03.53	650m 9:49.27	700m 10:34.92	750m 11:19.97	800m 12:02.81		
	46.25	46.62	45.79	47.28	45.74	45.65	45.05	42.84		

GIRLS 14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts					
1.	Charlotte Payton	18	Tynemouth	9:23.99	613					
	50m 31.00	100m 1:05.27	150m 1:40.39	200m 2:16.08	250m 2:51.53	300m 3:27.22	350m 4:02.98	400m 4:38.83		
	31.00	34.27	35.12	35.69	35.45	35.69	35.76	35.85		
	450m 5:14.30	500m 5:50.05	550m 6:26.10	600m 7:01.78	650m 7:37.76	700m 8:13.66	750m 8:49.50	800m 9:23.99		
	35.47	35.75	36.05	35.68	35.98	35.90	35.84	34.49		
2.	Lauren Heppell	17	Newcastle	9:40.53	562					
	50m 31.68	100m 1:06.13	150m 1:41.23	200m 2:16.92	250m 2:52.66	300m 3:29.23	350m 4:05.77	400m 4:42.74		
	31.68	34.45	35.10	35.69	35.74	36.57	36.54	36.97		
	450m 5:19.61	500m 5:56.62	550m 6:34.26	600m 7:11.89	650m 7:49.35	700m 8:26.76	750m 9:04.10	800m 9:40.53		
	36.87	37.01	37.64	37.63	37.46	37.41	37.34	36.43		
3.	Heidi Carr	14	Newcastle	9:53.07	527					
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -		
	-	-	-	-	-	-	-	-		
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 9:53.07		
	-	-	-	-	-	-	-	9:53.07		
4.	Eve Smith	17	Middlesboro	10:09.20	487					
	50m 34.06	100m 1:11.11	150m 1:49.05	200m 2:27.44	250m 3:05.75	300m 3:44.19	350m 4:22.80	400m 5:01.47		
	34.06	37.05	37.94	38.39	38.31	38.44	38.61	38.67		
	450m 5:39.85	500m 6:18.42	550m 6:57.01	600m 7:35.91	650m 8:14.77	700m 8:53.78	750m 9:32.27	800m 10:09.20		
	38.38	38.57	38.59	38.90	38.86	39.01	38.49	36.93		
5.	Ella Proud	16	Middlesboro	10:10.31	484					
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -		
	-	-	-	-	-	-	-	-		
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:10.31		
	-	-	-	-	-	-	-	10:10.31		
6.	Anna Johnson	14	Tynemouth	10:11.11	482					
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -		
	-	-	-	-	-	-	-	-		
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:11.11		
	-	-	-	-	-	-	-	10:11.11		
7.	Emily Jackson	14	Newcastle	10:15.16	473					
	50m 32.60	100m 1:09.89	150m 1:48.27	200m 2:26.92	250m 3:05.88	300m 3:44.74	350m 4:24.24	400m 5:03.11		
	32.60	37.29	38.38	38.65	38.96	38.86	39.50	38.87		
	450m 5:43.05	500m 6:22.76	550m 7:02.48	600m 7:41.65	650m 8:21.21	700m 8:59.37	750m 9:38.36	800m 10:15.16		
	39.94	39.71	39.72	39.17	39.56	38.16	38.99	36.80		
8.	Megan Hull	15	Middlesboro	10:21.71	458					
	50m 34.18	100m 1:11.77	150m 1:50.48	200m 2:29.84	250m 3:08.83	300m 3:48.41	350m 4:28.25	400m 5:07.90		
	34.18	37.59	38.71	39.36	38.99	39.58	39.84	39.65		
	450m 5:47.31	500m 6:27.48	550m 7:07.10	600m 7:46.90	650m 8:26.24	700m 9:05.85	750m 9:44.89	800m 10:21.71		
	39.41	40.17	39.62	39.80	39.34	39.61	39.04	36.82		
9.	Poppy McCheyne	16	Newcastle	10:22.89	455					
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -		
	-	-	-	-	-	-	-	-		
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:22.89		
	-	-	-	-	-	-	-	10:22.89		
10.	Olivia Northey	14	Tynemouth	10:31.78	436					
	50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -		
	-	-	-	-	-	-	-	-		
	450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 10:31.78		

Tynemouth Autumn Gala 2023

Results - Session One

									10:31.78
11. Nevaeh Gordon	14 RichmondDale	10:41.65	416						
50m 36.03	100m 1:15.88	150m 1:57.01	200m 2:38.35	250m 3:19.19	300m 3:59.98	350m 4:40.81	400m 5:20.35		
36.03	39.85	41.13	41.34	40.84	40.79	40.83	39.54		
450m 6:00.96	500m 6:41.84	550m 7:22.66	600m 8:02.40	650m 8:43.61	700m 9:24.18	750m 10:03.60	800m 10:41.65		
40.61	40.88	40.82	39.74	41.21	40.57	39.42	38.05		
12. Lola Copeland	14 Wear Valley	10:41.70	416						
50m 34.54	100m 1:14.11	150m 1:54.72	200m 2:34.97	250m 3:15.61	300m 3:56.78	350m 4:38.01	400m 5:19.11		
34.54	39.57	40.61	40.25	40.64	41.17	41.23	41.10		
450m 5:59.99	500m 6:40.65	550m 7:21.36	600m 8:03.18	650m 8:42.82	700m 9:23.82	750m 10:04.13	800m 10:41.70		
40.88	40.66	40.71	41.82	39.64	41.00	40.31	37.57		
13. Olivia Willis	14 Newcastle	11:12.23	362						
50m -	100m -	150m -	200m -	250m -	300m -	350m -	400m -		
-	-	-	-	-	-	-	-		
450m -	500m -	550m -	600m -	650m -	700m -	750m -	800m 11:12.23		
-	-	-	-	-	-	-	11:12.23		
14. Gabriella Blackburn	14 Tynemouth	12:23.19	268						
50m 39.46	100m 1:23.56	150m 2:11.11	200m 2:58.15	250m 3:44.33	300m 4:31.56	350m 5:19.48	400m 6:07.20		
39.46	44.10	47.55	47.04	46.18	47.23	47.92	47.72		
450m 6:54.58	500m 7:42.87	550m 8:29.50	600m 9:17.49	650m 10:05.79	700m 10:52.52	750m 11:38.07	800m 12:23.19		
47.48	48.19	46.63	47.99	48.30	46.73	45.55	45.12		

EVENT 102 Mixed 09 /Over 1500m Freestyle

BOYS 11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Mason Sainthouse	11	Tynemouth	20:05.87	346				
	50m 36.75	100m 1:16.53	150m 1:56.74	200m 2:37.16	250m 3:17.78	300m 3:58.52	350m 4:39.17	400m 5:19.84	
	36.75	39.78	40.21	40.42	40.62	40.74	40.65	40.67	
	450m 6:00.37	500m 6:41.34	550m 7:22.22	600m 8:03.31	650m 8:43.89	700m 9:24.88	750m 10:05.74	800m 10:45.77	
	40.53	40.97	40.88	41.09	40.58	40.99	40.86	40.03	
	850m 11:26.27	900m 12:07.24	950m 12:47.52	1000m 13:27.68	1050m 14:08.06	1100m 14:48.28	1150m 15:28.83	1200m 16:09.29	
	40.50	40.97	40.28	40.16	40.38	40.22	40.55	40.46	
	1250m 16:49.79	1300m 17:29.97	1350m 18:10.10	1400m 18:50.06	1450m 19:29.60	1500m 20:05.87			
	40.50	40.18	40.13	39.96	39.54	36.27			
2.	Orin Connolly	11	Middlesboro	22:07.20	259				
	50m 39.19	100m 1:22.82	150m 2:06.37	200m 2:49.99	250m 3:34.50	300m 4:18.17	350m 5:02.98	400m 5:47.80	
	39.19	43.63	43.55	43.62	44.51	43.67	44.81	44.82	
	450m 6:32.89	500m 7:17.30	550m 8:01.86	600m 8:47.17	650m 9:32.87	700m 10:18.22	750m 11:02.97	800m 11:47.90	
	45.09	44.41	44.56	45.31	45.70	45.35	44.75	44.93	
	850m 12:32.86	900m 13:17.52	950m 14:01.85	1000m 14:46.68	1050m 15:31.35	1100m 16:16.36	1150m 17:01.08	1200m 17:45.87	
	44.96	44.66	44.33	44.83	44.67	45.01	44.72	44.79	
	1250m 18:30.90	1300m 19:16.11	1350m 19:59.74	1400m 20:43.46	1450m 21:26.33	1500m 22:07.20			
	45.03	45.21	43.63	43.72	42.87	40.87			

BOYS 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Thomas Northey	12	Tynemouth	20:05.95	346				
	50m 36.06	100m 1:15.90	150m 1:56.77	200m 2:36.96	250m 3:16.99	300m 3:58.00	350m 4:38.23	400m 5:18.19	
	36.06	39.84	40.87	40.19	40.03	41.01	40.23	39.96	
	450m 5:59.74	500m 6:40.97	550m 7:22.18	600m 8:02.64	650m 8:44.19	700m 9:25.57	750m 10:06.41	800m 10:47.19	
	41.55	41.23	41.21	40.46	41.55	41.38	40.84	40.78	
	850m 11:26.90	900m 12:07.38	950m 12:48.39	1000m 13:29.38	1050m 14:09.40	1100m 14:49.20	1150m 15:29.73	1200m 16:10.06	
	39.71	40.48	41.01	40.99	40.02	39.80	40.53	40.33	
	1250m 16:49.72	1300m 17:29.85	1350m 18:09.89	1400m 18:49.54	1450m 19:29.50	1500m 20:05.95			
	39.66	40.13	40.04	39.65	39.96	36.45			
2.	Theo Cadamy	12	Newcastle	20:49.30	311				
	50m 37.01	100m 1:18.49	150m 2:00.88	200m 2:42.97	250m 3:25.08	300m 4:07.41	350m 4:49.62	400m 5:31.64	
	37.01	41.48	42.39	42.09	42.11	42.33	42.21	42.02	
	450m 6:14.11	500m 6:56.14	550m 7:38.15	600m 8:20.43	650m 9:02.81	700m 9:44.17	750m 10:26.90	800m 11:09.55	
	42.47	42.03	42.01	42.28	42.38	41.36	42.73	42.65	
	850m 11:51.19	900m 12:33.45	950m 13:14.23	1000m 13:56.09	1050m 14:38.63	1100m 15:20.53	1150m 16:02.48	1200m 16:44.53	
	41.64	42.26	40.78	41.86	42.54	41.90	41.95	42.05	
	1250m 17:26.18	1300m 18:08.09	1350m 18:48.88	1400m 19:29.51	1450m 20:49.30	1500m 20:49.30			
	41.65	41.91	40.79	40.63	1:19.79	00.00			

BOYS 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Gabriel Mulloy	13	Tynemouth	19:59.38	352				
	50m 35.29	100m 1:14.73	150m 1:55.05	200m 2:35.35	250m 3:15.94	300m 3:55.90	350m 4:36.62	400m 5:16.92	
	35.29	39.44	40.32	40.30	40.59	39.96	40.72	40.30	
	450m 5:57.34	500m 6:37.92	550m 7:18.19	600m 7:58.41	650m 8:38.73	700m 9:19.65	750m 10:00.42	800m 10:40.88	
	40.42	40.58	40.27	40.22	40.32	40.92	40.77	40.46	
	850m 11:20.86	900m 12:01.47	950m 12:41.95	1000m 13:22.46	1050m 14:02.82	1100m 14:42.74	1150m 15:22.74	1200m 16:02.99	
	39.98	40.61	40.48	40.51	40.36	39.92	40.00	40.25	
	1250m 16:42.73	1300m 17:22.72	1350m 18:02.01	1400m 18:41.78	1450m 19:21.63	1500m 19:59.38			
	39.74	39.99	39.29	39.77	39.85	37.75			

BOYS 14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Toma Saha	18	Middlesboro	17:10.40	555				
	50m 30.13	100m 1:03.93	150m 1:38.14	200m 2:12.14	250m 2:45.61	300m 3:19.43	350m 3:53.20	400m 4:27.01	
	30.13	33.80	34.21	34.00	33.47	33.82	33.77	33.81	
	450m 5:00.89	500m 5:34.89	550m 6:09.48	600m 6:44.14	650m 7:18.64	700m 7:53.28	750m 8:27.84	800m 9:02.68	
	33.88	34.00	34.59	34.66	34.50	34.64	34.56	34.84	
	850m 9:37.50	900m 10:11.98	950m 10:47.41	1000m 11:22.96	1050m 11:57.55	1100m 12:32.95	1150m 13:07.96	1200m 13:42.57	
	34.82	34.48	35.43	35.55	34.59	35.40	35.01	34.61	
	1250m 14:17.70	1300m 14:52.68	1350m 15:27.32	1400m 16:02.29	1450m 16:37.28	1500m 17:10.40			
	35.13	34.98	34.64	34.97	34.99	33.12			
2.	Benjamin Glaister	14	RichmondDale	18:05.80	474				
	50m 33.70	100m 1:10.38	150m 1:46.58	200m 2:22.69	250m 2:58.11	300m 3:34.05	350m 4:10.47	400m 4:46.45	
	33.70	36.68	36.20	36.11	35.42	35.94	36.42	35.98	
	450m 5:22.58	500m 5:59.27	550m 6:35.81	600m 7:12.75	650m 7:48.62	700m 8:24.73	750m 9:00.61	800m 9:36.53	
	36.13	36.69	36.54	36.94	35.87	36.11	35.88	35.92	
	850m 10:13.10	900m 10:49.98	950m 11:26.35	1000m 12:02.90	1050m 12:39.35	1100m 13:16.36	1150m 13:52.63	1200m 14:28.96	
	36.57	36.88	36.37	36.55	36.45	37.01	36.27	36.33	

Tynemouth Autumn Gala 2023

Results - Session One

3.	Adam Meikle	1250m 15:05.52 36.56	1300m 15:42.27 36.75	1350m 16:18.30 36.03	1400m 16:55.24 36.94	1450m 17:31.06 35.82	1500m 18:05.80 34.74		
		50m 31.02	100m 1:05.73 34.71	150m 1:41.98 36.25	200m 2:18.58 36.60	250m 2:54.66 36.08	300m 3:30.96 36.30	350m 4:06.40 35.44	400m 4:42.96 36.56
		450m 5:19.39 36.43	500m 5:56.33 36.94	550m 6:32.54 36.21	600m 7:09.69 37.15	650m 7:46.90 37.21	700m 8:24.04 37.14	750m 9:00.44 36.40	800m 9:37.22 36.78
		850m 10:14.53 37.31	900m 10:51.46 36.93	950m 11:28.88 37.42	1000m 12:05.57 36.69	1050m 12:43.07 37.50	1100m 13:20.44 37.37	1150m 13:58.22 37.78	1200m 14:35.51 37.29
		1250m 15:12.90 37.39	1300m 15:50.03 37.13	1350m 16:26.85 36.82	1400m 17:04.86 38.01	1450m 17:41.22 36.36	1500m 18:16.61 35.39		

Joshua Crozier 14 RichmondDale DNC

GIRLS 12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts			
1.	Lily Watson	12	Newcastle	20:01.97	445			
	50m 33.47	100m 1:10.94	150m 1:50.73	200m 2:29.32	250m 3:09.70	300m 3:49.71	350m 4:30.47	400m 5:11.80
	33.47	37.47	39.79	38.59	40.38	40.01	40.76	41.33
	450m 5:52.87	500m 6:33.53	550m 7:14.41	600m 7:55.71	650m 8:36.56	700m 9:17.01	750m 9:59.02	800m 10:38.74
	41.07	40.66	40.88	41.30	40.85	40.45	42.01	39.72
	850m 11:18.97	900m 11:59.55	950m 12:39.84	1000m 13:20.54	1050m 14:00.86	1100m 14:41.06	1150m 15:21.01	1200m 16:02.70
	40.23	40.58	40.29	40.70	40.32	40.20	39.95	41.69
	1250m 16:43.08	1300m 17:23.71	1350m 18:04.56	1400m 18:44.44	1450m 19:23.67	1500m 20:01.97		
	40.38	40.63	40.85	39.88	39.23	38.30		

GIRLS 13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts			
1.	Scarlett Capaldi	13	Stokesley	18:53.16	531			
	50m 32.79	100m 1:09.81	150m 1:47.63	200m 2:25.21	250m 3:02.84	300m 3:40.86	350m 4:19.21	400m 4:57.01
	32.79	37.02	37.82	37.58	37.63	38.02	38.35	37.80
	450m 5:34.48	500m 6:12.57	550m 7:28.35	600m 8:06.61	650m 8:44.72	700m 9:22.91	750m 10:00.97	800m 10:39.06
	37.47	38.09	1:15.78	38.26	38.11	38.19	38.06	38.09
	850m -	900m 11:17.65	950m 11:55.88	1000m -	1050m -	1100m 13:50.51	1150m 14:29.26	1200m 15:07.44
	-	38.59	38.23	-	-	1:54.63	38.75	38.18
	1250m 15:46.33	1300m 16:24.63	1350m 17:02.40	1400m 17:41.36	1450m 18:18.86	1500m 18:53.16		
	38.89	38.30	37.77	38.96	37.50	34.30		
2.	Ava Joyce	13	South Tyne	19:42.01	468			
	50m 33.28	100m 1:10.50	150m 1:48.77	200m 2:26.96	250m 3:05.59	300m 3:44.06	350m 4:23.07	400m 5:01.37
	33.28	37.22	38.27	38.19	38.63	38.47	39.01	38.30
	450m 5:40.41	500m 6:19.06	550m 6:57.88	600m 7:36.22	650m 8:15.25	700m 8:54.41	750m 9:33.73	800m 10:12.61
	39.04	38.65	38.82	38.34	39.03	39.16	39.32	38.88
	850m 10:51.52	900m 11:30.58	950m 12:09.81	1000m 12:49.42	1050m 13:28.85	1100m 14:08.23	1150m 14:48.27	1200m 15:29.78
	38.91	39.06	39.23	39.61	39.43	39.38	40.04	41.51
	1250m 16:11.44	1300m 16:53.13	1350m 17:35.80	1400m 18:18.82	1450m 19:01.97	1500m 19:42.01		
	41.66	41.69	42.67	43.02	43.15	40.04		
3.	Annabel Cowens	13	Tynemouth	20:27.07	418			
	50m 35.99	100m 1:15.93	150m 1:56.47	200m 2:36.67	250m 3:17.41	300m 3:58.18	350m 4:38.75	400m 5:19.25
	35.99	39.94	40.54	40.20	40.74	40.77	40.57	40.50
	450m 5:59.40	500m 6:40.70	550m 7:21.86	600m 8:02.86	650m 8:43.94	700m 9:24.58	750m 10:05.46	800m 10:47.21
	40.15	41.30	41.16	41.00	41.08	40.64	40.88	41.75
	850m 11:26.88	900m 12:08.19	950m 12:48.74	1000m 13:29.50	1050m 14:09.86	1100m 14:50.82	1150m 15:32.54	1200m 16:15.59
	39.67	41.31	40.55	40.76	40.36	40.96	41.72	43.05
	1250m 16:58.06	1300m 17:40.38	1350m 18:22.62	1400m 19:05.45	1450m 19:48.02	1500m 20:27.07		
	42.47	42.32	42.24	42.83	42.57	39.05		
4.	Thea Onions	13	RichmondDale	21:23.40	365			
	50m 38.37	100m 1:21.46	150m 2:05.04	200m 2:48.54	250m 3:32.33	300m 4:15.96	350m 4:58.70	400m 5:42.37
	38.37	43.09	43.58	43.50	43.79	43.63	42.74	43.67
	450m 6:25.98	500m 7:08.85	550m 7:52.28	600m 8:34.43	650m 9:17.37	700m 10:00.21	750m 10:43.18	800m 11:24.45
	43.61	42.87	43.43	42.15	42.94	42.84	42.97	41.27
	850m 12:06.62	900m 12:48.26	950m 13:30.95	1000m 14:14.05	1050m 14:58.33	1100m 15:41.39	1150m 16:24.40	1200m 17:07.56
	42.17	41.64	42.69	43.10	44.28	43.06	43.01	43.16
	1250m 17:48.76	1300m 18:31.35	1350m 19:15.95	1400m 19:59.00	1450m 20:42.75	1500m 21:23.40		
	41.20	42.59	44.60	43.05	43.75	40.65		

GIRLS 14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts			
1.	Molly-Rosanna Young	15	Tynemouth	18:52.14	533			
	50m 31.72	100m 1:07.19	150m 1:43.81	200m 2:21.23	250m 2:58.95	300m 3:37.03	350m 4:15.28	400m 4:52.99
	31.72	35.47	36.62	37.42	37.72	38.08	38.25	37.71
	450m 5:31.26	500m 6:09.62	550m 6:47.75	600m 7:25.71	650m 8:04.08	700m 8:42.35	750m 9:21.26	800m 9:59.33
	38.27	38.36	38.13	37.96	38.37	38.27	38.91	38.07
	850m 10:37.64	900m 11:15.56	950m 11:54.17	1000m 12:32.73	1050m 13:11.54	1100m 13:49.58	1150m 14:28.17	1200m 15:06.69
	38.31	37.92	38.61	38.56	38.81	38.04	38.59	38.52
	1250m 15:44.70	1300m 16:22.70	1350m 16:59.86	1400m 17:38.59	1450m 18:16.27	1500m 18:52.14		
	38.01	38.00	37.16	38.73	37.68	35.87		
2.	Annie Harrison	14	Tynemouth	19:52.79	455			
	50m 34.64	100m 1:12.52	150m 1:51.36	200m 2:30.72	250m 3:10.02	300m 3:49.27	350m 4:28.71	400m 5:08.18
	34.64	37.88	38.84	39.36	39.30	39.25	39.44	39.47
	450m 5:47.52	500m 6:27.62	550m 7:07.39	600m 7:47.25	650m 8:27.51	700m 9:07.42	750m 9:47.05	800m 10:26.85
	39.34	40.10	39.77	39.86	40.26	39.91	39.63	39.80
	850m 11:06.62	900m 11:46.58	950m 12:26.61	1000m 13:06.46	1050m 13:46.72	1100m 14:27.46	1150m 15:08.09	1200m 15:49.12
	39.77	39.96	40.03	39.85	40.26	40.74	40.63	41.03
	1250m 16:30.06	1300m 17:11.13	1350m 17:52.35	1400m 18:33.49	1450m 19:13.81	1500m 19:52.79		
	40.94	41.07	41.22	41.14	40.32	38.98		
3.	Elena James	16	Newcastle	21:16.46	371			
	50m 35.18	100m 1:14.92	150m 1:56.80	200m 2:39.45	250m 3:22.25	300m 4:05.62	350m 4:49.45	400m 5:32.25
	35.18	39.74	41.88	42.65	42.80	43.37	43.83	42.80
	450m 6:15.08	500m 6:58.79	550m 7:41.05	600m 8:23.46	650m 9:06.15	700m 9:49.83	750m 10:33.29	800m 11:17.00
	42.83	43.71	42.26	42.41	42.69	43.68	43.46	43.71
	850m 12:00.07	900m 12:42.84	950m 13:26.58	1000m 14:09.18	1050m 14:51.08	1100m 15:34.53	1150m 16:18.68	1200m 17:02.23
	43.07	42.77	43.74	42.60	41.90	43.45	44.15	43.55
	1250m 17:45.38	1300m 18:28.17	1350m 19:10.44	1400m 19:52.11	1450m 20:33.97	1500m 21:16.46		
	43.15	42.79	42.27	41.67	41.86	42.49		
	Isabel Yates	15	Newcastle	DNC				